



"The dealer said, "I don't have any Oxycontin but I have heroin." I snorted it and right then and there I was addicted."

-Mandy, Heroin Addict

The link between prescription drug abuse and heroin is undeniable. Among teens, prescription drugs are the most commonly used drugs besides marijuana, and nearly half of the pills being abused are pain killers. When the popular pain killer Oxycontin was re-formulated to prevent its abuse, heroin quickly became a cheap, easy-to-get alternative.

Prescription drugs like Oxycontin, Percocet and Vicodin are the primary gateways to heroin use.



**The Fly Effect:
A Heroin Prevention
Campaign**

For more information about the "Fly Effect," visit theflyeffect.com.



**Don't hesitate to pick up
the phone for help!**

CALL

Mental Health America – Sheboygan
(920) 458-3951 or
www.mhasheboygan.org



or

SAMHSA 1-800-662-HELP (4357) or
findtreatment.samhsa.gov

or

Sheboygan County Mental Health Crisis
Line: 920-459-3151

***In case of medical emergency,
dial 911***



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Since 2009, the City of Sheboygan has experienced:

200% increase in identified heroin overdoses

1500% increase in heroin arrests



What You Can Do...

- ⇒ Store all needed medications in a secure, safe place.
- ⇒ Know what medications you have within your household.
- ⇒ Bring unwanted medicines to a secure drop-off box at one of the following locations:

Police Department Drug Drop Off Points – Sheboygan, Sheboygan Falls, Kohler, Plymouth, Elkhart Lake

WHAT IS HEROIN?

Heroin is a highly addictive illegal drug that produces an intense, euphoric high when smoked, snorted or injected. It's made from morphine, but street heroin is much more dangerous due to dealers mixing additives, such as, sugar, caffeine, Benadryl, quinine or the unknown into their product.

More than 75% of those who try heroin once will use again!

The user builds up a natural tolerance to the drug's effect over time and eventually they will need more to feel the same high. An addict will suffer withdrawals, such as, muscle and bone pain, fever, diarrhea and vomiting if they do not feed the addiction.

Every time a person uses heroin, he or she risks dying.

Overdosing is easy when you don't know how strong a dose is or what's really in it. The danger's even greater when heroin is combined with other drugs or alcohol.

How Can You Tell if someone is using Heroin?

When high on heroin, a person's skin is flushed, they are clumsy, their thinking is cloudy and because the drug dangerously slows a user's breathing and heartbeat, the addict seems drowsy. If they are not getting high in front of you, heroin users are hard to spot. By the time the signs are obvious (track marks, extreme weight loss, behavior changes) the addiction has taken over.

Can Heroin Addicts Quit?

Heroin addiction is a progressive condition – the more advanced it gets, the harder it is to treat. So if you think someone you know is struggling with prescription painkiller or heroin addiction, talk to them. Seek professional help immediately. There are treatment options and support services to help addicts and their loved ones through the recovery process.

